



CURRICULUM VITAE

RIAD ROOMI

Board Certified by The American Board of Cosmetic Surgery
Board Certified by The American Board of Hair Restoration Surgery
Fellow of the American Academy of Cosmetic Surgery (FAACS)
Fellow of the International College of Surgeons (FICS)
Member of the International Society of Aesthetic Surgery

NAME: **Riad Roomi**

TELEPHONE: **Work:** (UK) 020 30049484; (Dubai) 00971 4 2989979
Mobile: (UK) 07879269391; (Dubai) 00971 507270175

E-MAIL: riadroomi@hotmail.com

DATE OF BIRTH: 21 March, 1951

NATIONALITY: British / American

SEX: Male

CIVIL STATUS: Married; with two children, boys 34 and 30 years old.
Both Architects running their own studio (H2R Design) .

QUALIFICATIONS: MB, ChB, College of Medicine, University of Baghdad,
June 1977

FICS, International College of Surgeons
Chicago, Illinois, October 1988

Diploma of The American Board of Hair Restoration Surgery (Board
Certified) January 1999

Diploma of The American Board of Cosmetic Surgery
(Board Certified) May 2002

PRESENT POST: 1. Specialist Plastic Surgeon
You New Plastic Surgery Clinic, Dubai, UAE
(17.03.10-Date)

2. Consultant Aesthetic Plastic Surgeon
Vinci Hair Clinic, 130 Harley Street, London W1G 7JU
(01.03.11-Date)

POSITIONS HELD:

01.08.08 – 16.03.10 Specialist Plastic & Hair Restoration Surgeon
(19 months) Nu Hart Clinic, Dubai, UAE

- 01.05.07-31.07.08*** Specialist Hair Restoration Surgeon
(15 months) Nu Hart Clinic, Dubai, UAE
- 01.11.06-24.07.08**** Specialist Plastic & Hair Restoration Surgeon
(20 months) British Medical Consulting Centre, Dubai, UAE
- 28.12.05-31.08.06** Senior Consultant Plastic Surgeon
(8 months) Emirates Medical Center, Muscat, Oman

(*/**): Simultaneous for overlapping period.

- 24.08.05-27.12.05** Specialist Plastic & Hair Restoration Surgeon
(5 months) Belhoul European Hospital, Dubai, UAE

5. Consultant Cosmetic Surgeon
(5 years) Ideal Clinics, Jeddah, KSA

- 14.03.89 – 22.08.00** Consultant Cosmetic Surgeon
(11½ years) **Private Practice**
London, U.K.

PS: The majority of doctors in private practice are granted Specialist grade in Dubai. It is considered equivalent to consultant grade. Generally speaking, Only doctors who work at government hospitals are granted consultant grade. Occasionally, those who work in private practice are granted consultant grade by application. However, both grades enjoy the same privillages.

RELEVANT CLINICAL EXPERIENCE:

Extensive theoretical and practical experience in Plastic and Cosmetic Surgery gained during my work in this field for over 4 years in the UK's National Health Service and 29 years in private practice, 11½ of which in the UK.

Sound experience in all aspects of management of patients seeking cosmetic surgery. This includes pre-operative evaluation, counseling and obtaining informed consent, assessment of suitability for surgery, and planning the appropriate procedure. I independently carry out most known procedures and provide the necessary day-to-day after-care. I am confident in dealing with known complications that might occur.

Particular interest in body recontouring. I routinely carry out Suction-Assisted Lipectomy (Liposuction/Liposculpture) using the tumescent anaesthetic technique. I carried out a large number of cases and achieved a very high rate of patient satisfaction. Among areas treated by this technique are neck, submental region, breasts, arms, abdomen, hips, buttocks, thighs and legs. In addition, I carry out Abdominoplasty, Brachioplasty and Thighplasty on suitable patients. I am also competent in most known breast reduction and mastopexy procedures. My preferred technique for reduction mammoplasty is McKissock's vertical bipedicle technique. It offers suitability for moderate to severe mammary hyperplasia, and ensures good vascularisation of the Nipple – Areola Complex. With regards to augmentation mammoplasty, I have wide experience in using autologous fat transplantation (Bilateral Augmentation Mammoplasty By Injection "BAMBI"), as well as implants. During my work in the Gulf area, I noted a high incidence of Gynaecomastia among young men. I treated a large number of cases (circa 200) using Suction Assisted Lipectomy supplemented by excision of residual tissue via a small supra areolar crescent skin excision. I achieved a high rate of patients satisfaction.

Among other procedures I routinely carry out are Rhytidectomy, Blepharoplasty, both transcutaneous and trans-conjunctival, and Autologous Fat Transplantation to augment various areas of the body.

Also interested in Hair Restoration Surgery. I have wide experience in the medical and surgical management of baldness. Surgical treatment includes scalp reduction and lifting with or without Scalp Extenders (Frechet) or Tissue Expanders (Radovan). I have an extensive experience in Hair Transplantation Surgery having done over two thousand cases using the micro and minigrafting techniques and the latest state-of-the-art instruments. I am also competent in Follicular Unit Extraction (FUE) technique. Up-to-date in the medical treatment of Androgenetic Alopecia using topical Minoxidil and systemic Propecia. Trained on the latest techniques at leading clinics in the United States. I have particular interest in the treatment of Female Pattern Andro-Genetic Alopecia (AGA). I treated some 50 cases and had high patients satisfaction. Among other areas treated with hair transplantation are eyebrows, eyelashes, mustache and beard.

Experienced in using Tissue Expanders as a modality for the treatment of various conditions where full thickness skin coverage is required, such as burn scars, or large areas of skin defects.

In addition, I am experienced in most Laser surgical treatment for skin hyperpigmentations, vascular lesions, tattoos and unwanted hair using Ruby, Alexandrite and Nd: YAG Laser modalities.

Botox and fillers occupy a relatively small part of my practice. Over the years I treated some 300 cases.

Sound experience in Accident and Emergency medicine gained by working both as SHO and Registrar in busy Accident & Emergency departments in the UK. I have the confidence in dealing with emergencies, including airway management and Advanced Cardiac Life Support (ACLS).

I have kept myself abreast of all up-to-date developments in the above-mentioned fields. This is by continuously reviewing the literature and attending relevant international conventions and meetings.

I believe in maintaining good inter-colleageal relationship. I often share my experience and concerns with colleagues. When necessity arises, I do not hesitate to refer a patients to other colleagues who have more experience in dealing with a particular problem.

Most recently I introduced Clinical Audit and Appraisal to my practice. I fully understand the concept of audit and that it is a requirement for safe medical practice. Good record keeping is an essential part of maintaining quality of care. Therefore, I keep full patients data to enable this process and provide information for appraisal. I have recently carried out a clinical audit to examine the quality of postoperative scar of the donor area after hair transplantation.

I am fully conversant in the concept, and appreciate the importance of informed consent in general. Most particularly in aesthetic surgery, I understand the role of the consenting surgeon which is to enable discision making on the background of the patient being fully informed rather than to prescribe a specific course of action provided that the patient's wishes are rational and therapeutically sensible. I have individualised consent forms for the majority of procedures that I carry out. Those are backed up by patient information sheets. Patients are encouraged to take time to think about the planned procedure before making their final decision. They are also encouraged to feel free to seek a second opinion if they so wish.

CONTINUED EDUCATION, TRAINING AND UPDATING :

I attended many training and educational activities in the UK, United States and the Gulf area. Inter-alia, I have had regular hands on training on the latest techniques in cosmetic surgery at a leading center in LA, USA. I attended the annual review course of the American Board of Cosmetic Surgery in March 2000. I have taken and passed the written and oral examination of the American Board of Cosmetic Surgery in April 2002. This is a comprehensive examination which includes all areas of Cosmetic Surgery. Prior to that I attended the annual review course of the American Board of Hair Restoration Surgery in 1998. I took and passed the Examination of the American Board of Hair Restoration Surgery in January 1999. I also attended the Core Skills Course in Plastic Surgery at the Royal College of Surgeons (London) in 2004. I have also kept

myself updated on ACLS techniques. I have taken three courses at a one to one basis, two in the UK and one in the US. I also attended meetings in the Kingdom of Saudi Arabia and Dubai, UAE. I currently hold valid BLS and ACLS Provider Cards.

I regularly review textbooks, journals and DVDs in my field. I subscribe to the American Journal of Cosmetic Surgery, the American Journal of Aesthetic Plastic Surgery, and The American Journal of Dermatologic Surgery. I regularly attend scientific meetings locally. I also frequently search the internet for topics of interest in my field of practice.

I keep Continuing Professional Development (CPD) and CME records as well as Personal Development Plan (PDP).

In August 2011 I took and passed the Recertification Examination of the American Board of Hair Restoration Surgery. Furthermore, in February 2012, I took and passed the Recertification Examination of the American Board of Cosmetic Surgery (All Board certified surgeons have to sit a recertification examination every ten years).

APPRAISALS AND CLINICAL AUDITS:

I underwent a personal appraisal of my clinical practise by Mr. Andrew G Batchelor F.R.C.S., F.R.C.S. (Plastic Surgery) on 26 February 2009 at the Royal College of Surgeons (England). I also had had my practice peer reviewed locally.

As part of the UK's General Medical Council's regulations and requirements for licence revalidation , I have had six appraisals. The most recent appraisal was in March 2018. I also carried out two 360 (multi source) feedbacks. My licence was successfully revalidated by the GMC till May 2019. My next appraisal is due in March 2019.

ADMITTING RIGHTS:

Back in the year 2000, I have had admitting rights at Highgate Hospital, London N6.

Currently, I have admitting rights at Belhoul European Hospital, Dubai, UAE where I currently carry out my major procedures.

LICENCES:

1. Licenced Specialist in Plastic Surgery by Dubai Health Authority.
2. Licenced and Fully Registered by the General Medical Council, UK.

PROCEDURES CARRIED OUT INDEPENDENTLY:

Competent in and able to independently carry out the under-mentioned procedures.

1. Facial Surgery:

- A. Rhytidectomy (Face Lifting)
- B. Blepharoplasty (Upper & Lower, Subciliary & Transconjunctival)
- C. Otoplasty
- D. Face Augmentation (With Autologous Fat Transplantation)
- E. Mechanical Peeling / Resurfacing (Dermabrasion)
- F. Liposuction of face, neck & submental region.
- G. Lip Surgery
 - (i) Augmentation (With autologous fat transplantation or fillers)
 - (ii) Reduction

2. Mammoplasty:

- A. Augmentation
 - (i) With autologous fat transplantation
 - (ii) With implants
- B. Reduction
- C. Mastopexy (lifting)

3. Body Contouring:

- A. Suction Assisted Lipectomy (Liposuction / Liposculpture)
- B. Dermo-lipectomy
- C. Abdominoplasty
- D. Brachioplasty
- E. Thighplasty

4. Hair Restoration:

- A. Hair Transplantation
- B. Scalp (Alopecia) Reduction
- C. Scalp Extension (Frechet)
- D. Scalp Expansion (Tissue Expanders)

5. Tissue Expansion

6. Minor Surgery

- A. Moles Excision
- B. Cysts Excision
- C. Tatoo Excision
- D. Scar Revision

7. Injections

- A. Botox
- B. Fillers

TEACHING & ACADEMIC EXPERIENCE:

I served as an examiner for the American Board of Cosmetic Surgery for six years from 2009 and an examiner for the American Board of Hair Restoration Surgery from June 2011.

I reviewed many articles for the American Journal of Cosmetic Surgery. I am also an Examiner for the American Board of Cosmetic Surgery since April 2009.

I produced DVDs on Blepharoplasty and Hair Transplantation as part of an educational series aimed at trainee cosmetic surgeons.

SPECIAL INTEREST:

I am an enthusiast in innovation in the medical field. I invented a skin wound closure device called "Ready-Stitch". This has been featured in the BBC TV's *Tomorrow's World* and won major competitions and awards as mentioned below. Prototypes made and clinical trials were carried out at The Westminster Hospital, London. The results were published by the U.S. Annals of Plastic Surgery.

PIONEERING WORK:

There are two techniques that I contributed in refining (the first) and pioneered (the second).

1. Breast Augmentation using Autologous Fat Transplantation:

This technique is an alternative to silicon implants. It offers a natural, minimally invasive solution to the “small breast” problem to a certain group of suitable patients. I am working on refining it and have been achieving excellent results. I carried out this technique on 21 patients. The satisfaction rate was very high. No serious complications were noted. An article on the subject has been published in the American Journal of Cosmetic Surgery.

I wish here to give some historical background of my interest in this technique. The first case I carried out was in the UK around 1997. I believe I was the first or one of the first surgeons to introduce the technique to the UK. When I submitted a case to the BMJ for publication under (Minerva section), it was rejected on the basis of “The BMJ been advised by a plastic surgeon that this is a dangerous and unethical technique”. The BMJ at that time wanted to report me to the GMC but invited me to submit my comments before going ahead. When I submitted my (rebuttal), supported by published literature, the BMJ withdrew their allegations. They also offered to publish my case and the “interaction with the BMJ” together with interviews with a plastic surgeon and a patient. I declined the offer.

I am pleased to say that fat grafting of the breast had become a routinely practised technique in the UK and other parts of the world

2. Freezing Hair Follicles for Delayed Transplantation (Hair Bank):

I carried out a pilot study to evaluate a new technique of freezing hair bearing graft in a specially adapted domestic freezer. The study was approved by the Riverside Health Authority Research Ethical Committee (London). The initial results are very encouraging.

Hair Transplantation requires more than one session. In each session, strip of skin is removed (harvested) and trimmed into micrografts with 1–4 hair follicles each. Harvesting is repeated each time. To abolish the need to repeat harvesting for the second session, extra grafts are frozen for future implantation. This technique was presented at the 6th Annual Meeting of the International Society of Hair Restoration Surgery in Washington, D.C., on 16–20 September 1998.

3. Bruisless Liposuction:

I developed a technique to minimize or totally eliminate Ecchymosis (bruising) after liposuction

PRIZES AND DISTINCTIONS:

1. *SMART* Award 1988: Awarded a sum of £35,000 by the DTI (British Department of Trade and Industry) to prepare a feasibility study for “Ready-Stitch”.
2. Prize Winner, *Scottish Invention of the Year Competition*, 1988.
3. 1st Prize, *Toshiba Year of Invention Competition*, 1989: Administered by the Design Council in UK for my invention “Ready Stitch Wound Closure Device”. Overall number of entered inventions: circa 4000.
4. *Richardson Gold Medal*, 1989: Awarded by the British Institute of Patentees and Inventors and presented at the House of Lords.
5. Biographee in *Best of British Men*, 1993. A book by Martin Miller.
6. Biographee in “*Eureka*”, *The Book of Inventing* by Bob Symes

MEMBERSHIPS & FELLOWSHIPS:

International Society of Hair Restoration Surgery
American Academy of Cosmetic Surgery (Fellow)
International Society of Aesthetic Surgery (Member)

PAST MEMBERSHIPS AND FELLOWSHIPS:

British Association of Hair Restoration Surgery (Former Member & Founding Officer)
Iraqi Medical Association /UK (Former Vice President & Founding Member)
British Intitute of Patentees and Inventors (Fellow) (The intitue no longer exists)

PUBLICATIONS & SCIENTIFIC PRESENTATIONS:

1. Alwash, RH; Fadhli, AA; Roomi, R: Nocturnal Enuresis. The Journal of College of Medicine, Baghdad, Iraq. Vol. 24, No. 2, 1982.
2. Roomi, R Warren R A: A study of skin adherence and irritation of self-adhesive surgical tape in 100 volunteers. Presented at the Biological Engineering Society, 1st International Conference; Textiles in Medicine and Surgery, 11 and 12 July 1989.
3. Warren, RA; Roomi, R: A Study of Skin Wound Closures comparing Ready-Stitch with Conventional nylon sutures. Annals of Plastic Surgery, volume 25, No. 3, September 1990.
4. Co-authored “A Word About Cellulite”, a chapter in a book published in the U.S., entitled “A New Body In One Day, *A Guide to Local Anesthetic Cosmetic Procedures*”, by Robert A. Yoho, M.D. and Judy Brandy – Yoho, R.N.
5. Hair Bank, A New Method for Delayed Hair Transplantation Through Freeze – Storing Hair Grafts, Preliminary Results of a Pilot Study. Presented at the 6th Annual Meeting of the International Society of Hair Restoration Surgery in Washington, D.C., 16–20 September 1998.
6. Roomi, R: The Use of Autologous Fat Transplantation to Remedy the Iatrogenic Lipo- atrophic Effect of Tissue Expanders. American Journal of Cosmetic Surgery. Vol 22, No 3, 2005.
7. Roomi, R: “BAMBI”: Bilateral Augmentation Mommoplasty By Injection. Breast Augmentation using Autologous Fat Transplantation. The Controversy and Personal Experience. Presented at the American Academy of Cosmetic Surgery World Congress on Liposuction Surgery and Advances in Cosmetic Surgery. Dubai, UAE. October 29-31, 2007.
8. Roomi, R: “BAMBI”: Bilateral Augmentation Mommoplasty By Injection. Breast Augmentation using Autologous Fat Transplantation. The Controversy and Personal Experience. American Journal of Cosmetic Surgery. Vol 26, No 3, 2009.

PATENTS:

Granted:

1. Improvements in or relating to surgical dressings for closing wounds.
U.K. Patent No. 2083753.
2. Surgical Dressings.
U.S Patent No. 4423731.
3. Adhesive Suture.
U.K. Patent No. 2233231.
4. Infant Identity Mark.
U.K. Patent No. 2273266 B.
5. Infusion Device.
U.K. Patent No. 2285620 B.
6. Vehicle Parking Control System.
U.K. Patent No. 2285881 B.

Pending:

1. Dermatosuction Apparatus for Treatment of Lipodystrophic Panniculopathy (commonly known as Cellulite).

PS: All patents have expired as they have passed the 20 years period of protection

HOBBIES:

Reading, poetry, writing, and painting. Wrote a book entitled “Century – 25”, an imaginative view of all aspects of life in the 25th century (unpublished).